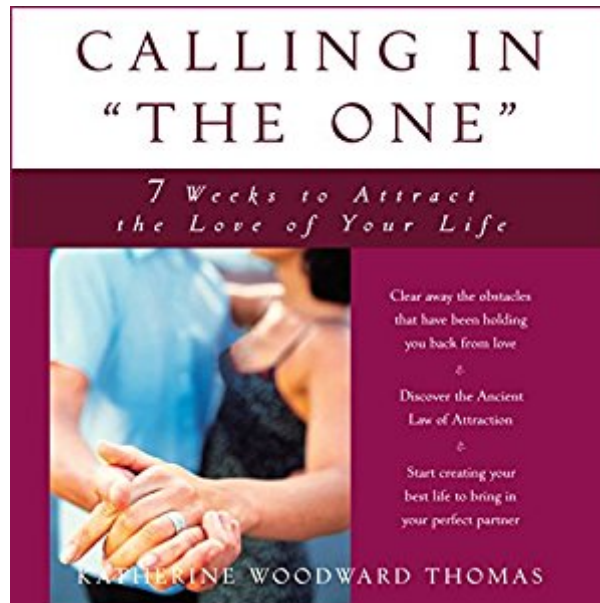




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# Calling In "The One": 7 Weeks To Attract The Love Of Your Life



## Synopsis

Are you frustrated by stymied relationships, missed connections, and the loneliness of the search for someone to spend the rest of your life with? Are you ready, instead, to find "The One"? In *Calling in "The One"*, Katherine Woodward Thomas shares her own personal experience to show women that in order to find the relationship that will last a lifetime, you have to be truly open and ready to create a loving, committed, romantic union. *Calling in "The One"* shows you how. Based on the law of attraction, which is the concept that we can attract only what we're ready to receive, the provocative yet simple seven-week program in *Calling in "The One"* prepares you to bring forth the love you seek. For each of the 49 days of Thomas' thoughtful and life-affirming plan, there is a daily lesson, a corresponding practice, and instruction for putting that lesson into action in your life. Meditation, visualization, and journaling exercises will gently lead you to recognize the obstacles on your path to love and provide ways to steer around them. At the end of those 49 days, you will be in the ideal emotional state to go out into the world and find "The One". An inspirational approach that offers a radical new philosophy on relationships, *Calling in "The One"* is your guide to finding the love you seek.

## Book Information

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## Customer Reviews

People kept recommending "Calling in the One" to me and I kept rolling my eyes. It was way too woo-woo for my liking. But after being single for almost five years, I decided, "what the heck" especially since meeting someone felt more and more unlikely. I followed the entire program--all the

exercises, all the journaling, all the silly projects. I honestly believe part of the magic of this book comes from the ability to suspend your beliefs and skepticism and try things that you'd normally flat-out reject as too outlandish or stupid to try. The beauty of this book is while it purports to be about bringing the right person to you, the author really has you calling in yourself. That work -- at least for me -- started to shift things in my life. It became clear that I was telling people I was fine on my own, while privately scanning my surroundings hoping to find a mate. Long story short, I finished the program and, as per the last assignment, wrote a list of all the qualities I was looking for in a partner. Seven weeks earlier my list would have been very different, but because I had done so much work on myself, I could see that I was more open to a different kind of love. I put the list aside and went about my life. The author spends a lot of time talking about how our words are a creative force. Once we say something out loud the universe shifts and bends to help make it happen. To me this was a cute nice idea, but kind of nutty. But several months later, I finally admitted to a friend that I was lonely, really truly lonely, and that I really wanted someone in my life. For me this was huge. I never let on that this was the case -- even if people suspected as much -- I always kept up the facade that I was perfectly fine on my own. Wouldn't you know it, the next day I met my future husband. It's one of those things that is just too crazy to believe, and it took me a while to put two and two together. After dating for several months, I remembered the list I had made and pulled it out to see what it said. He met every single quality I wrote down, and and as the author reminded us, he looked nothing like I imagined. So there you go. Two years later we're getting married, and I've never in a happier or healthier relationship. Most people I recommend this book to can't get past the silly exercises, but I think if you make it through with an open mind you'll be rewarded. I'm grateful for this book and grateful the author wrote it. Yes it's a big dose of woo-woo, but what's the harm in suspending your beliefs for seven weeks? I'm happy I did.

One of the things that amazed me most about this book were all the different quotes that were poignantly sprinkled throughout the text and lessons. They were so dead on and thoughtful. I was so impressed. Also, the topic of the lessons were great as well. The only reason I didn't give it five stars was that I was left wishing for more practicality in places or more in depth conversations about how people got from point A to point B in their healing. Overall though, this is one of those books that everybody should read.

Worked for me too! I hadn't had a serious relationship in 5 years, then I purchased this book in the fall. By March, I had met my current partner. He's a fantastic person with all of the qualities I had

been searching for. The book is a great avenue for self reflection. By taking the time to list out the qualities I possessed and the type of partner I could be then visualizing the type of partner that would complement me, it allowed me to recognize my partner when I met him and make better dating decisions overall.

I thoroughly enjoyed my 49 Day journey with this book. I agree with some of the other commenters... this book should be required reading before beginning a relationship. Learning who you are first will completely better serve your future mate. Learning why you are the way you are and how you can be the best you, before partnering with someone else will work towards the overall benefits of your new relationship. Great Read if you truly want to center yourself before getting involved with someone.

I am discovering things about myself that I never realized. A deeper understanding of self enables me to prepare for my next relationship. Actually friendships are included.

since I began reading and working with Calling In The One, the One called me in, literally. Talking, meeting and being with him when we can (we live 2 1/2 hours apart) feels like continuing where we left off. I am continuing to read and do the exercises to have as much knowledge about myself as possible. Thank you for writing this book

This is a good read if you looking to call in the one. Many times people become impatient when they are single. Check it out if you want a different perspectives on calling in the one.

I read this book and did all the work it suggested in the summer of 2013....next week I'm marrying a wonderful man and I can't be more grateful! I was skeptical about the book when I read reviews but am so glad I ordered it anyway. The work it sent me to do was deeply personal and spiritual. It made me look at aspects of myself that I do believe kept me from close relationships. And yes! He doesn't look like I thought he would and he isn't anything that I could have imagined. So much so that when he first contacted me online, I kept rebuffing him, certain that I would have nothing in common with him. But fortunately he persisted and here we are, days away from our wedding. Get the book, do the work.

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